

The Paddling News

Trumbull Canoe Trails

March 2009

Our President's Message

Getting Ready

Ok, we've had our planning meeting and our schedule is set for the year. Some new trips added and some old familiar ones are there. Are you ready to go? Did you do anything to stay in shape over the winter? I've been walking the dog for 45 minutes to an hour 3 or 4 days a week. We both enjoy that. I ride my bike a little in the basement (on a stand), but I'm waiting for the weather to break so I can take it outside on the road. I even dusted off the old weight bench and might use it sometime. The 12oz curls I've been doing don't seem to be working! Know what I mean guys.

How about your boat? Most modern canoes and kayaks are nearly maintenance free but you could give it the once over. Check your owner's manual for maintenance tips.

Do you need a tag this year? I've never had anyone check, BUT, you know if you don't get one, that will be the day Ranger Rick will show up!

How about your mind? I always like to go to the library over the winter to pick up a few books on canoeing and kayaking and review the basics on paddle strokes and maneuvering. (They didn't come up with any new strokes this year). I also picked up a book called "An Adirondack Passage, the cruise of the canoe Sairy Gamp". Modern day explorers retrace the route of famed outdoorsman and writer George Sears (pen name Nessmuc) from his 1883 trip. I can't believe he had a 12 pound canoe back then. It's in a museum now. Just gets you fired up to get back out. And lastly I get ready to go by making a

trip to the drugstore to stock up on ibuprofen and Ben-Gay because I know I'll overdo it on the first few runs! Maybe I'll hit the weight bench tomorrow night, after a few 12oz curls!!

Get ready, here comes the paddling season.

Ed

The Planning Meeting

By Ed Rigby

"Every canoe trip, no matter how modest, is an adventure, because everyone is different, depending on the time you launch, the season, the weather, your mood, your expectations."*



I want to thank everyone who came to the planning meeting and made the effort to lead a run. Old familiar runs and a couple we haven't done in a while. Eileen and I also want to thank everyone who brought in the snacks and goodies. We enjoyed having the group over.

*The above quote is from an "An Adirondack Passage", and is so true. At the beginning of the year all the trips are new again. See you on the April trips.

Ed

A Message for Trip Leaders

By Ed Rigby

Please take a few moments to post a message on our website about your upcoming run, maybe a week or two before the event. Nothing elaborate, just start time, starting location and contact

information. This may attract more people to our runs. I have an article in the Review papers with our schedule and the website as the go to for more info. If you want me to do it, let me know.

Thanks, Ed

Trumbull Canoe Trails Wear

By Rich & Patty Allen



Trumbull Canoe Trails wear is available, same logo as the web site

Hat \$10.00

T-Shirt \$12.00

Sweatshirt \$15.00

Hooded sweatshirt \$19.00

Send, email, or call:

Rich & Patty Allen

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New Springfield, Ohio 44443

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Upper Cuyahoga River -- April 4

By Alan Adair

This is always a nice trip. We'll meet at Russell Park in Geauga Co. at 10:30 a.m. for a paddle down the Cuyahoga River. Pack a lunch/snack & a drink and we'll pull over on the trip. Trip is on rain or shine as we have waited out rain at the enclosed picnic/shelter area at the launch site before. Call Alan Adair at 330-638-3783 or e-mail Paladin1aa@yahoo.com by April 2 if going.

Directions -- From Warren, Ohio, drive west on Rt. 422 into Geauga Co. When you reach Troy, Ohio (a one light town, lol), go thru the traffic light down the hill, and cross the Cuyahoga River

bridge and about a half mile beyond the bridge, turn right on Rapids Rd. and go 2.5 miles to Russell Park on your right. Drive all the way back to the launch/park area.



The West Middlesex Run

April 18th

By Jim Bozdog

Few floats include what the Shenango River has to offer. We will start below the West Middlesex Bridge and float to the Pulaski Bridge. Wildlife, from eagles to mink, has been seen on this stretch. Starting time is 10:00am and end with a meal in Pulaski. Please check our website the day before for last minute posts on water level, or call me at 330 534-4486.

When: Saturday, April 18th Start time: 10:00am

Where: Below the E. Main Street Bridge in West Middlesex Pa.

Directions: Take Interstate 80 east into Pa. to the Exit 4a, go south on Rt. 60 to Rt318 exit, turn right, go 1.3 miles over the bridge, make a left on Bedford Road, then a quick left on Penn. Ave, follow to The Access Area

From the Editor.....

By Jim Bozdog

- Email me if interested in contributing to the newsletter jbozdog@zoominternet.net

Trip Schedule for 2009

April 4th - Cuyahoga @ Russell Park - Alan

April 18th - Shenango @ West Middlesex - Jim

May 2nd - Beaver Creek @ Sprucevale - Dustin

May 16th & 17th - Clarion @ Cook Forest - Rich & Patty (camping)

June 7th - French Creek @ Franklin - EAR

June 21st - Mahoning @ Carson Landing - Betka

July 12th - Mahoning @ Leavittsburg - Mary (picnic and meeting)

July 25th - Newport Lake @ Mill Creek Park - Pete

August 7th - Berlin Lake @ Pointview Park - Peppy (moonlight run)

August 23rd - Allegheny River @ Parker - EAR (Foxburg lunch)

September 13th - Presque Isle @ canoe launch - Brad

September 26th - Allegheny @ Buckaloons - Tom (Camping)

October 18th - Pymatuning Creek @ Orangeville - EAR (meeting)

November 7th - Mogador Lake @ Brimfield - Tim (frost bite run)

December 5th - Mahoning @ Leavittsburg - Don & Judy (chilli run)

Hope to see you at many of these runs this year! Check our website for more info closer to each run.



TRUMBULL CANOE TRAILS

March Newsletter

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